

- LENTEN BIBLE STUDY -

A TIME OF REFLECTION

LESSON 1

I. Overview

- a. Lent is a season of _____
- b. According to church history, Lent began in _____.
- c. Lent is a season of _____.
- d. The word Lent is derived from two words:
 - i. _____
 - ii. _____
- e. Lent has a two-fold dimension: _____

II. What is Lent?

- a. Lent is a season of spiritual _____.
- b. The earliest mention of Lent comes from the _____
_____.
- c. Lent in the _____ comes from the Greek word _____
meaning _____.
- d. Lent is based on the biblical principle recorded in _____.
- e. Lent is our season to see _____
_____.
- f. _____ are not included in the 40 days of Lent because _____

_____.

g. Lent begins with _____ and ends with _____

_____.

III. The Number 40

- a. The number 40 in the Bible is the number of _____
- b. The number 40 and the Bible:
- i. _____
 - ii. _____
 - iii. _____
 - iv. _____
 - v. _____
 - vi. _____
 - vii. _____

IV. Ash Wednesday

- a. Why do we wear ashes on Ash Wednesday?
- i. _____
 - ii. _____
- b. In the Old Testament, wearing ashes were a sign of _____
- c. The overall message in wearing ashes on Ash Wednesday serves to remind us to _____