

## SELF-EXAMINATION: CHECK YOURSELF

### **2 Corinthians 13:5 (KJV)**

Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?

### **Definition**

**Reprobate** - morally depraved; (unprincipled) devious

### **I Timothy 4:8:**

“For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come.”

### **How do we keep our spiritual bodies in shape?**

#### **Self-Examination – Check yourself**

### **Philippians 2:12**

“Wherefore, my beloved, as ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling.”

**The Greek word translated "fear" in this context can equally mean "reverence" or "respect."**

### **Job asked God 13:23**

How many are my iniquities and my sins? Make me Know my transgressions and my sin.

**Just like Job, we must begin our spiritual examination, by asking God to show us ourselves, especially in times like these.**

## **MIND**

### **Ephesians 4:16 (KJV)**

From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.

### **Holman Christian Standard Bible Translation states**

From Him (God) the whole body, fitted and knit together by every supporting ligament, promotes the growth of the body for building up itself in love by the proper working of each individual part.

### **2 Corinthians 10:4 English Revised Version**

(For the weapons of our warfare are not of the flesh, but mighty before God to the casting down of strong holds). God has given us what we need to keep our spiritual and natural body healthy.

### **I Peter 1:13**

Wherefore gird (bind or prepare) up the loins of your mind (meaning to be ready, be sober and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ.

### **Philippians 2:5**

Let this mind be in you, which was also in Christ Jesus:

### **Ephesians 6: 10,11**

We are instructed be strong in the Lord and in the power of His might. If we trust God and his power we can withstand (endure or survive) in these last and evil days.

### **Romans 15:1,2 KJV**

We then that are strong ought to bear the infirmities of the weak, and not to please ourselves.

### **Philippians 2:3 NKJV**

Let nothing be done through selfish ambition or conceit (boastfulness), but in lowliness of mind let each esteem others better than himself.

### **Ephesians 6:13**

Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

### **Ephesians 6:17, 18**

We are instructed to take the helmet of salvation, and the sword of the Spirit, which is the word of God;

Praying at all times (always) in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication (petitions) for all the saints,

## **HEART AND TONGUE**

### **Luke 6:45**

“A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh. (KJV)

### **Psalms 51:10**

“Create in me a clean heart, O God; and renew a right spirit within me.”

## **EYES**

### **Luke 11:34 (NIV)**

Your eye is the lamp of your body. When your eyes are healthy, your whole body also is full of light. But when they are unhealthy, your body also is full of darkness.

## **EARS**

### **II Timothy 4:3**

(Amplified Bible)

For the time will come when people will not tolerate sound doctrine and accurate instruction [that challenges them with God's truth]; but wanting to have their ears tickled [with something pleasing], they will accumulate for themselves [many] teachers [one after another, chosen] to satisfy their own desires and to support the errors they hold,

### **Proverbs 6:16-19**

(English Standard Version)

There are six things that the Lord hates, seven that are an abomination to him: haughty eyes, a lying tongue, and hands that shed innocent blood, a heart that devises wicked plans, feet that make haste to run to evil, a false witness who breathes out lies, and one who sows discord among brothers.

## **Self-Examination: Check Yourself**

### **Romans 12:3 NIV**

“Because of the privilege and authority God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us.”