

Understanding the Sabbath

Luke 6:1-5

I. The word "Sabbath" means "Rest".

1. In the Old Testament under Moses' law the Sabbath was held on the seventh day as the day of rest.

Exodus 20:8-10, 23:12

2. This commandment of keeping the Sabbath on the seventh day was for Israel only.

Ex. 31:13, 16-17; Ezek. 20:12

3. In the New Testament the early church observed the first day of the week as "The Lord's Day" because Christ rose from the dead on the first day.

Luke 24:1, Acts 20:7, I Cor. 16:2, Rev. 1:10

4. Sunday, the Lords Day, was not established by the early Christians as a Sabbath (day of rest) but as a day of worship.

5. The Apostles condemned observing the seventh day (or any day) to be more sacred than any other day.

Col. 2:16, Rom. 14:5-6, Gal. 4:9-10

6. One of the big criticisms of Jesus by the Pharisees and Jewish leaders was His lack of keeping the Sabbath.

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7. The New Testament keeping of the Sabbath is fulfilled in us when we receive the Holy Ghost.

Isa. 28:11-12; Matt. 11:28-29; Heb. 4:1-5, 9-11

II. Jesus' disciples eating the ears of corn: Were they stealing? Answer: No, Deut. 23:24-25

1. God's regard for hunger. **I Sam. 21:3, 6**
2. God respects our spiritual hunger. **Matt. 5:6**