

The Keys to a Blessed Life

SESSION 1 - IT DEPENDS ON WHO YOU DEPEND ON

Blessed are the poor in spirit, for theirs is the kingdom of heaven
Matthew 5:3 (NIV)

God blesses those who...realize their need for him.
New Living Translation

Who recognize they are Spiritually helpless.
God's Word Translation

Who depend only on him.
Contemporary English Version

Who know they have great spiritual needs.
New Century Version

The Lord God...blesses everyone who trusts him and depends on him
Psalms 146:5 (CEV)

TO BE "POOR IN SPIRIT" MEANS
I humbly depend on God instead of myself

5 WAYS TO EXPRESS MY DEPENDENCE ON GOD

1. I depend on God's wisdom, not mine

There is a way that seems right to a man, but in the end it leads to death.
Proverbs 14:12 (NIV)

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will direct your paths. Don't be impressed with your own wisdom. Instead, respect the Lord and turn your back on evil.
Proverbs 3:5-7 (NLT)

HOW DO YOU GET GOD'S WISDOM?
Pray & Read

But if any of you lack wisdom, you should pray to God, who will give it to you; because God gives generously and graciously to all.
James 1:5 (GNT)

2. **I depend on God's strength, not mine**

You bless all who depend on you for their strength.

Psalm 84:5 (CEV)

Those who trust in the Lord for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak.

Isaiah 40:31 (GNT)

3. **I depend on God's timing, not mine**

While you're waiting, God is working.

I trust in you, O Lord; I say, 'You are my God. My times are in your hand.'

Psalm 31:14-15 (ESV)

[God] has set the right time for everything.

Ecclesiastes 3:11 (GNT)

I am the Lord, and when it is time, I will make these things happen quickly.

Isaiah 60:22 (NCV)

A delay is not a denial.

4. **I depend on God's defense, not mine**

God blesses and protects everyone who runs to him.

Psalm 2:12 (CEV)

I depend on God alone; I put my hope in him. He alone protects and saves me; he is my defender, and I shall never be defeated. My salvation and honor depend on God; he is my strong protector; he is my shelter!

Psalm 62:5-7 (GNT)

5. **I depend on God's wealth, not mine**

And my God will supply all my needs from his abundant wealth because of what Christ Jesus has done for us.

Philippians 4:19

Your job is a channel, but God is your source.